



Geneva Township

400 Wheeler Drive
Geneva, IL 60134
630-232-3600

www.genevatownship.com

Located in Wheeler Park

Geneva Township Officials

- J. Patrick Jaeger, Supervisor
- Sharon Brazill, Trustee
- Denise LaCure, Trustee
- Dick Sharp, Trustee
- Mark Wissing, Trustee



**Remember Our Veterans
Veterans Day November 11th**

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**Volume 3
Issue 8**



November 2008

Senior Center Newsletter

In Honor of Veteran's Day



We are very proud to have a presentation by a famous local artist, **Guy Bellaver**. You may be familiar with two of his sculptures, The Kane County Veterans Memorial and Ekwabet. Citizen Soldier stands tall at the Government buildings serving as a memorial to all that fought in the wars. Ekwabet is a proud Indian sculpture looking over the Fox River in St. Charles.

Can you imagine how these massive bronze are created. **Mr. Bellaver** will show us how he uses the lost wax process and molten metal to construct his statues. Meet **Guy Bellaver** and join us for his fascinating presentation, Monday, November 10th at 10:30. Following Guy Bellaver's presentation will be our Monthly Free Lunch.

NOVEMBER'S FREE LUNCH

Once again the Geneva Township Senior Center is offering its monthly free lunch to all Geneva Township residents age 55+. Lunch will be provided by Ingelnook Pantry. Please join us for a free lunch at 11:30 a.m. on Monday, November 10th. Space is limited, so please make lunch reservations by calling Gayle at 630-232-3602 no later than November 6th.



NEW Exercise Classes at the Senior Center!

We are excited to announce that the Senior Center will now offer 2 Senior Vitality exercise classes to be held on the porch, one on Thursdays and one on Fridays. The classes will include a combination of movements and strength training that will gradually improve flexibility, range of motion, muscular strength, balance and cardiovascular endurance. Both classes will start the first week in November and require a doctor's order to participate. The registration form and physician permission slip are available at the Senior Center. Our classes are lead by Delnor staff and are 45 minutes long.

Thursday at 10:30 – 11:15 will be seated/standing exercise.

Friday at 9:15 – 10:00 will be seated yoga.

There is no charge for the classes, however you must be registered to participate.

Mission Statement

The mission of the Geneva Township Senior Center shall be to act as the primary community resource to serve all citizens of Geneva Township by enriching the social and intellectual life of our older adults; helping our older adults contribute to the well being of our community as effective and useful citizens of the township; helping those approaching or in retirement to plan appropriately; organizing community interest in improving the overall climate of living for our older residents; decreasing the sense of isolation and dependence that often accompanies old age; and, helping our older adults meet practical problems attendant with aging.



Township Direct Phone Lines

Hours: Monday - Friday 8:30 to 4:30

Senior Center Director: 630-232-3602

Gayle Kennedy

Assessor: 630-232-3604

Deputy Assessor: 630-232-3605

Supervisor: 630-232-3606

Administration: 630-232-3607

Highway Com: 630-232-3608

Township Clerk: 630-232-3609

Senior Service Assoc. Inc. 630-762-2737

If not sure of your contact, and need assistance, just dial 630-232-3600, Ext: 0



Golden opportunities at the Golden Diners lunch!



Michele Lunacek

The second week of November is a special promotion week for the **Golden Diners** at the **Geneva Township Senior Center!** We want everyone to know about the delicious lunch that is provided by Golden Diners, catered by **Hoffman House**, and to consider dining with us. During the 2nd week of November, all new diners will receive a free small gift for having lunch at the Senior Center! Also, we will be giving away raffle prizes during the lunch hour on Tuesday, Wednesday and Thursday, November 11 – 13, at 11:30. The lunch consists of a salad bar, soup, meal and desert. A donation of \$3.75 is requested. You must make a reservation 2 days in advance by calling Gayle at 232-3602.

Scrapbook all day!!

Our wonderful scrapbooking enthusiasts have requested a full day of scrapbooking!! Mark your calendar for Friday, November 7th and bring your photos to the Senior Center. We will supply everything else you need. We will begin at 10:00 and “play” all day, breaking to order pizza for lunch. This is a great opportunity for you to start a project. You can spread out your pictures and make progress on your album while you socialize. First timers are welcome, it is easy to get hooked on this fun hobby.

Card Bingo Continues.....

If you haven't played card bingo yet, give it a try. This easy to learn game is getting more popular, has a regular following and generates lots of laughter. **Darlene** and **Larry Zuwala** lead card bingo on Mondays at 1:00 and also give out prizes! If you are a fan of bingo, you'll enjoy card bingo.

... a great trip to Elmhurst!

It was a beautiful day in Elmhurst! After taking a bus to the Geneva train station, 32 people boarded the Metra to Elmhurst! Using their senior RTA pass, most people rode the train for FREE! We lingered at the Lizzadro Museum, strolled to Café Amano for a delicious meal and the train brought us back to Geneva. We all agreed that it was a great trip! If you don't have a RTA senior pass, it is easy to get one. The Senior Center will take your picture and process the application free for Geneva Township residents, and most receive their pass in about 3 weeks.

Flu Shot Clinic Success

We appreciate all of the great volunteers that worked hard to make our 2008 flu shot clinic a huge success! While **Gail Jankowski** organized coffee and treats, **Frank and Anne Stagno** greeted people, gave out applications and did clean up. **Mary Jane Potts** distributed the numbers, **Candy Briestansky** helped in the kitchen and stayed hours later to organize our supplies. Thank you to **Denise LaClure** for driving the trolley, **Mark Wissing** for helping out wherever needed and **Supervisor Pat Jaeger** for the organized flow of the entire process. As always, **Pat Brazill** handled the behind the scene operations from transportation of members to whatever comes up! May we all stay healthy!

Do you like cards?

If you like to play cards we are offering a new game for you to learn, Triple Play! If you like canasta, this is a fun, easy to learn version and no prior experience is necessary. **Candy Briestansky** loves triple play and has volunteered to teach it to any interested people. Come to the Senior Center on Friday, November 7th and 14th at 1:00 p.m. and learn a new game. Keep your brain cells active and spend some time with Candy!

How about lunch and a tour of Fermilab?



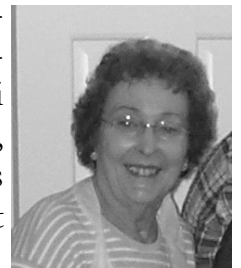
On Monday, November 17th the Senior Center will be taking a tour of Fermilab in Batavia and we hope you will join us! Fermilab is a national laboratory, part of the Department of Energy. Fermilab's main focus is the fundamental study of matter and conducting research into particle physics. The 90 minute tour will begin with a visit to the 15th floor of Wilson Hall where we will see the linear accelerator and the control room. This tour will require you to walk the equivalent of 3 square blocks, please consider that when signing up for the tour. Also, if you have a pacemaker, this tour is not for you. We will meet at the Senior Center at 12:00 noon and our first stop will be for lunch at the Country House restaurant. Next we will take a bus to Fermilab for our tour and return to the Senior Center about 4:00 p.m. your only cost will be for your lunch. You must make a reservation by calling Gayle at 232-3602.

Do you want to make a difference?

We have a unique opportunity for you... a group of special needs college age students are seeking guidance with their community service project. They are making knot blankets for Marklund residents and would like your help. This multi-generational activity will match a volunteer with a special needs teenager to complete the knot blanket project, there is no sewing involved, just cutting and tying. Our goal is to help the students understand the importance of giving back to the community. In addition you will get the opportunity to make a wonderful relationship. We are meeting on Tuesday, November 11th at 11:00. Please call Gayle at 232-3602 and let her know you if are interested.

Spotlight on a Star Volunteer...

Lori Carroll is our star volunteer for the month of November! You can see Lori and her beautiful blue eyes, volunteering on Wednesday's with the Golden Diners at the Senior Center. For the past 10 years Lori has loved



Lori Carroll

living in Geneva and volunteers because she "loves people and meeting new people". Lori has 3 children and 3 grand-children and keeps busy with friends, playing cards and volunteering. An interesting fact about Lori is that she played baseball on the farm team for the Rockford Peaches! We are grateful for Lori and the enthusiasm and friendliness she shares with the Senior Center.

Book Club

The buzz from the book club was that this month's selection, The Art of Racing in the Rain, by Garth Stein, was a great read! I received many favorable comments about this choice and the discussion will be lively. Our choice for November is The Glass Castle by Jeannette Walls. This non-fiction book will keep your interest as you learn about the author's dysfunctional family and their travels. We will meet to discuss the November book on the 4th Monday of November, the 24th.



Senior Center

400 Wheeler Drive
Geneva, IL 60134

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Observe



November 2008

Fridays Flicks 1:30 p.m.



November 7 – The Searchers with John Wayne

November 14 – Field of Dreams

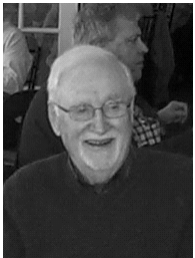
November 21 – Stand By Me

November 28- The Great Race

Stop by and watch a classic movie! We will provide the popcorn!

If there is a movie that you would like to watch, we take requests.

Pat's Chat Room



Looking for a spot to have coffee and donuts, share a story, talk with friends? We are starting a drop in coffee hour on Monday's at 9:30 a.m. and know that

there is always a lot to talk about! Come and share or just listen, the coffee will be hot and the conversation lively, join us!

DON'T FORGET OUR FREE SERVICES

Services are offered only to Geneva Township residents age 55+ and are free of charge!

- RTA Senior Citizen Fare I.D. Photos & Cards. One stop. (*\$5.00 charge for non-residents*)
- Personal document shredding
- File of Life
- Notary Service
- Well Being Check
- Senior Services Associates, Inc. Senior Assistance, Caseworker (every Wednesday)
- Central Kane County TRIAD
- Blood Pressure Check (2nd Monday each month)
- Hearing Screening (2nd Monday each month)
- Computer class (every Tuesday morning)
- Free Monthly Lunch and Daily Free Refreshments
- Free Flu Shot Clinic

If you have any questions about these free services or if you would like the Township to add a service to this list, give us a call at 630-232-3602.